

25 Speech & Language Strategies

Self Talk

Talk out loud about what you're doing

Parallel Talk

Talk out loud about what your child is doing

Repetition

Repeat words over and over

Increase Opportunities

Target the same word all day

Simplify

Use short phrases and sentences

Add 1 Word

Use 1 more word than your child is using

Model

Tell them what you want them to say

Imitation

Teach them to copy you

Visuals

Show objects or pictures when talking

Sign Language

Teach early sign language

1 at a Time

Give only 1 so they ask for more

Give 2 Choices

Do you want ___ or ___?

Sabotage

Set it up so they need your help

Out of Reach

Let them ask for what they want

Be Forgetful

Let them ask for what they need

Be Silly

Get attention with unexpected actions

Follow Their Lead

Talk about their interests

That's New!

Explore something new

Verbal Routines

Use the same words in daily routines

Sing

Teach language using songs

Wait

Pause and give time to respond

Make Comments

More statements than questions

Open-ended Questions

Use Wh instead of yes/no questions

Pacing Boards

Tap or clap to add more words

Say it Back

Repeat back with stress on correct word

Speech and Language
at Home

Speech Therapy Parent Handout
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HEALTH

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